**Guidelines to the Inclement Weather Team Members**

* Loading Ice Melt on a truck spreader
	+ A forklift is to be used to elevate a pallet of ice melt to the height of the hopper.  From there whomever is on the bed of the truck only needs to slide a bag over the hopper, cut the bag and place the ice melt into the hopper.  By using this method, all work is done at waist/chest level. Thus no lifting over the head.
* 40 pound bags are to be procured to be compliant for a one person lift.
* When meeting in the morning of the snow event some light stretching needs to occur.  This work is different from what you do for your typical job and you need to be loose before starting.
* The rule is to report any physical issues to OCC Med as soon as you start to feel the symptoms.